### NOTIFY DASCO IMMEDIATELY IF:

•YOU ARE HAVING PROBLEMS ADJUSTING TO YOUR EQUIPMENT THAT ARE PREVENTING YOU FROM USING IT OVER 4 HOURS A NIGHT BEYOND THE FIRST 2 WEEKS OF USAGE.

•YOU HAVE A MEDICAL CONDITION THAT PREVENTS YOU FROM USING THE MACHINE OVER 4 HOURS PER NIGHT FOR 5 OR MORE DAYS.

•YOU ARE HOSPITALIZED OR WILL BE TEMPORARILY STAYING IN A SKILLED NURSING FACILITY.

# **MEDICARE'S COVERAGE CRITERIA**

# **FOLLOW UP APPOINTMENT:**

Medicare requires you to see your treating physician for a follow up between day 31 and 91 after commencement of sleep therapy.





## USAGE GUIDELINES

Medicare requires you to use your sleep therapy machine for <u>over 4 hours per night</u> for <u>21 out of 30</u> <u>consecutive days</u> to continue coverage of your machine and supplies beyond the first 90 days. You must meet this requirement within the first 90 days of beginning therapy.

### WHAT IF I DON'T MEET MEDICARE'S REQUIREMENTS IN 90 DAYS?

**Option #1** – You return the equipment and discontinue sleep therapy

**Option #2** – You purchase the machine and all future supplies at your own expense (estimated cost of machine is over \$1000.00)

Option #3 – You may be able start a new 90 day trial on a BiPAP machine

(this option may not be available for all patients and requires an order from your doctor)

# It is your responsibility to:

- →Use the machine for over 4 hours a night for 22 of 30 consecutive days
- →See your treating physician between the 31<sup>st</sup> and 91<sup>st</sup> day of initiating therapy for a follow up
- →Notify DASCO immediately of any problems or changes in circumstance that prevent you
- from using the machine

→Accept DASCO's follow up calls, attend any scheduled follow up appointments with DASCO representatives, and return any data cards when prompted by DASCO

### **SLEEP THERAPY LOG**

Use these 30 day logs to track your progress by documenting the date and hours used **or** by marking the days you have used your machine over 4 hours. This log cannot be used in place of the downloaded report from your machine's data card and is only intended to be a guide to help you meet Medicare's requirements within the initial 90 days of therapy.

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

31	32	33	34	35	36
37	38	39	40	41	42
43	44	45	46	47	48
49	50	51	52	53	54
55	56	57	58	59	60

61	62	63	64	65	66
67	68	69	70	71	72
73	74	75	76	77	78
79	80	81	82	83	84
85	86	87	88	89	90